

English language classes are part of a psychosocial support program in Ukraine



*Credit: Simon Chambers/ACT Alliance*

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Signing up for a course is both exciting and nerve-wracking. We wonder what skills we’ll learn and how quickly we’ll see improvement, and worry about how naturally “talented” we may be.

In Sambir, Ukraine, English teacher Ilona is encouraging her learners to challenge that way of thinking and enjoy the aspect of social time with one another while learning English. This class, supported by Mission and Service partner ACT Alliance, is part of a psychosocial support program for Ukrainians displaced by war. Ilona and her family were also displaced by the conflict in Ukraine, and she is now actively contributing to the well-being of others in similar situations.

In-person learning expands opportunities and access while also providing crucial social engagement and human interaction. As Ilona says “When we come together and get to know each other, we have a

community. We can open up and share our thoughts, feelings, and experiences.” In a low-pressure learning environment, students can feel comfortable as they learn skills and learn about each other.

Thank you for the support you show to through [Mission and Service](#) as our neighbours endure the ongoing impacts of war and conflict.